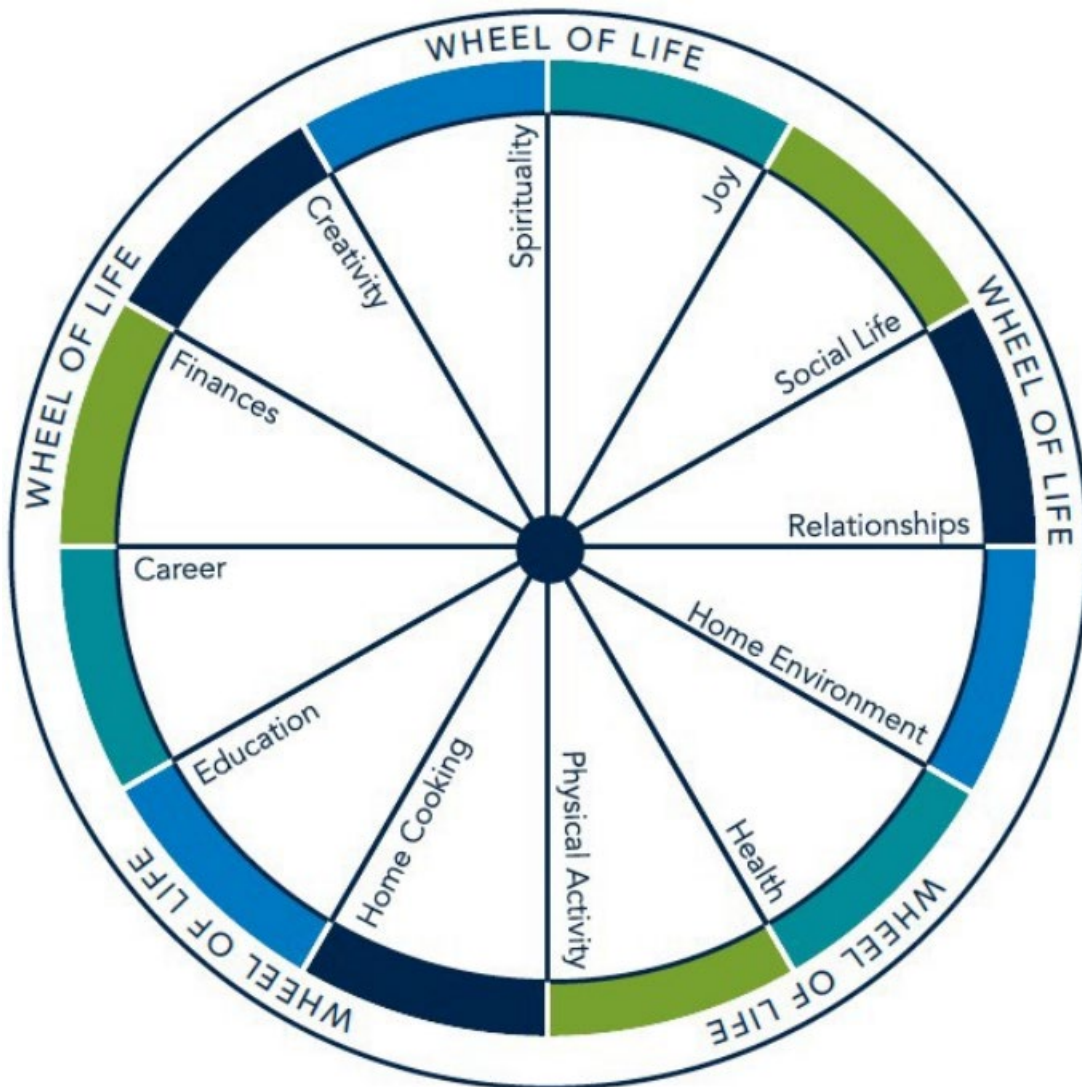




My Wheel of Life



Discover what desires to be nourished...

Look at each section and place a dot on the line that represents how satisfied you are with that area of your life. A dot placed near the center of the circle indicates dissatisfaction, while a dot placed toward the outside indicates ultimate happiness.

After you have placed a dot on each line, connect the dots to see your Wheel of Life. Are there areas calling to be NOURISHED? If so, how?